

# **NFHS LIGHTNING POLICY**

REVISED-October, 2007

When thunder is heard or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your location with lightning. Suspend play and take shelter immediately.

Thirty-minute rule. Once play has been suspended, wait at least thirty minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.

Any subsequent thunder or lightning or thunder after the beginning of the 30-minute count, reset the clock and another 30-minute count should begin.